



Tuto 3 PAT Erasmus + Project

The Neuro-Psychiatric Centre Saint-Martin, Namur, Belgium is pleased to share with you the first newsletter of this magnificent international KA220 Erasmus + project co-funded by the European Union



The partnership

Belgium -
Haute
École de la Province de Namur,
Peer
and Team Support, ASBL
and the
Centre
Neuro-Psychiatrique Saint-Martin, Namur

Germany
- **Universität Ulm**

Romania - **Universitatea "Aurel Vlaicu" Arad**

France -
EPSM
Lille Métropole
and
ESPAIRS

Spain -
Grup
de Recerca en Salut Mental en Primera Persona

Canada -
Centre intégré de santé et de services sociaux de l'Est-de-l'Île-de-Montréal

Norway -
Inland
Norway University of Applied Sciences

PROFESSIONALIZE

AND DEPLOY PEER SUPPORT WORKERS IN MENTAL HEALTH

This project aims to facilitate, in Europe and beyond, the deployment of peer support workers in mental health by strengthening the professionalization of others stakeholders: trainers, institutions and teams of care and associations of peers-active carers.

Partner teams will collaborate to gather knowledge and develop new tools, which will be validated based on the experiences of peer support workers. This international collaboration will lead to the drafting and implementation of several instruments.

→ **a competency and training framework for peer support workers** 😊

→ **training material for care teams wishing to integrate peer support workers** ✌️

→ **actions to support activepeer support workers** 🙌

All results and a MOOC (Massive OpenOnline Course) will be accessible to peer-

support Associations in Europe as well as to all stakeholders.

Project launch
and first transnational meeting group,
held in June 23-24, 2022 in Namur

During the first day, the participants were given the chance to explore the Mosaic Day Hospital and the IHP L'Espoir Asbl.

In the morning of the next day, the consortium met to review the project objectives and talk about the overall results. The meeting was attended by a guest from the Swiss Peer Support Organisation Re-pairs.

After lunch, the opening ceremony of the project was held at the Bourse de Namur. CNP Saint-Martin's Director-General and the European Project Coordinator initiated the project launch. The audience

counted on the presence of several local personalities among more than 60 guests who attentively followed the exhibition of the 4 invited experts.

The day ended with an friendly unformal meeting at a local restaurant.



Second meeting

held in Lyon, November 21 and 22, 2022

Hosted by the Association des Pairs-Aidants ESPAIRS of Lyon. The second international meeting began with an enriching moment of sharing the project with peer support workers from the ESPAIRS association and the *Vinatier hospital*.

During the afternoon, we had the chance to connect with other peer support workers.

The project's situation was discussed during a consortium meeting the next day. The meeting was accompanied by a guest expert from Croatia from the organization *Udruga FeniksSplit*, whose testimony and added experience enriched our work.



Third meeting

**held on March 22 and 23, 2023,
in Barcelona**

The meeting in Barcelona gave us the opportunity to meet local peer support workers and share our international experiences, which is part of our search for an international competence model.

The themes of the project were analysed with several dozen participants from Catalan organisations such as the *Emilia Association and the Catalan Federation of Mental Health*. They produced training recommendations, including academic and team preparation and the development of partnerships for peer support workers. The development of the online course was also discussed. TEAM training (Technicians in Surveillance and Mutual Support) and experiences with young people and adults.

This meeting was enriched by a visit to Barcelona and an excellent group dinner.



Fourth meeting and Event Multiplier

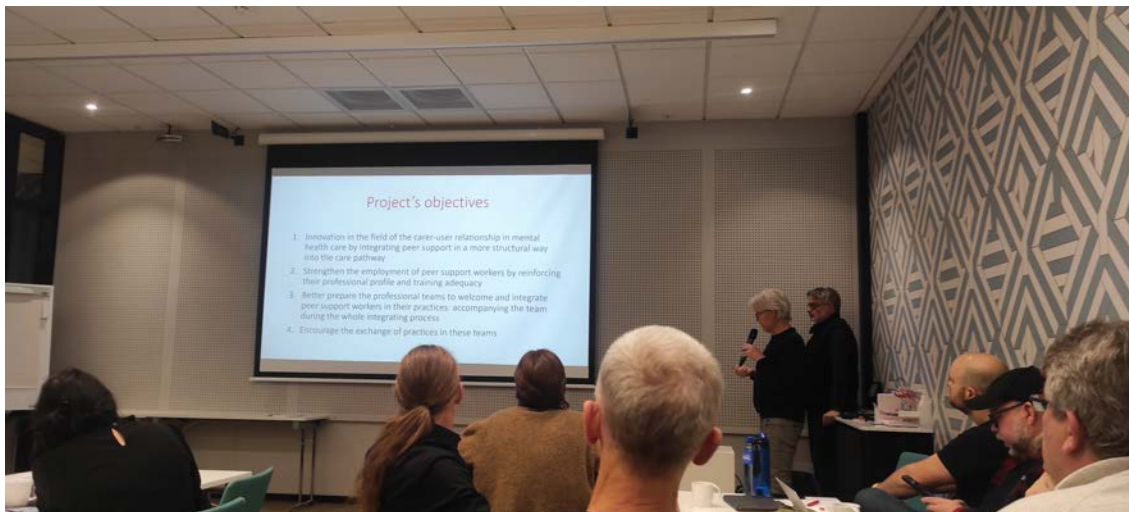
held in Oslo, 6 and 7 November 2023

On November 6th and 7th we held another project meeting. The result number 1 was almost done, and we have made significant progress with all of the other

results. Some management and communication aspects of the project were also analyzed.

We visited Stedet Sagene. A place led by *Erlend Barratt-Due Solum* where music therapy is developed.

We also held a multiplier event during the 'Stronger Together 2023' conference promoted by *Erfaringskonsulente*, which represents Norwegian peer support workers.



Follow the project's progress in

Mental
Net.EU



Co-funded by
the European Union

Copyright (C)2023 CNP Saint-Martin, All rights reserved.

2021-1-BE01-KA220-VET-000034852

Want to change how you receive these emails?

Our mailing address is:

claudio.marques@saintmartin.ofc.be